

the Clarian

The mission of Clarian Health is to improve the health of our patients and community through innovation and excellence in care, education, research and service.

Riley Safety Store to focus on education

For decades, Riley Hospital for Children has been known as a leader in safety education and injury prevention. Now the hospital is expanding on that theme by opening the Safety Store, where families can buy a wide range of child safety products at very low prices.

The Safety Store, located within the Over the Rainbow Gift Shop at Riley, has been open since January, but until recently only had stocked free fire safety equipment acquired through a grant from the Federal Emergency Management Agency (FEMA).

"We made a proposal to FEMA to request funds to help us launch the Safe Escape Program, which would provide hospital families with fire safety products for kids with special needs," explains Karen Bruner Stroup, PhD, director, Community Education and Child Advocacy. "This is the first-ever program like this in the country and [it] has demonstrated that a children's hospital setting is an ideal place to reach families [while also being able to provide] easy access to safety products and education. In just 12 weeks of operation, we have served over 425 hospital families with adapted fire safety products made available to them at no cost."

But Stroup and her team had a bigger vision – to serve as the main statewide information resource center for child injury prevention.

"Safety First" for all kids

"Our vision for the Safety Store all along was for us to be able to provide low-cost child safety products and injury prevention education for families of all children, including children with special needs," explains Stroup. "So, with our grand opening of the Safety Store on May 5, we are doing just that; and our product inventory will expand to include a wide variety of safety products."

Because of a special arrangement with the manufacturer, the Safety Store will offer nearly the entire line of Safety First products at cost-plus-shipping. Cara Fast, Safety Store manager and child injury prevention program manager, says the store will be a great resource for every family, but especially for families with special-needs children.

"We will carry things that every parent needs, like cabinet locks and bike helmets," says Fast. "But we also are going to carry hard-to-find products like a 'shake-up' smoke detector for kids who are hearing-impaired. It has a strobe light and a vibrating mechanism that goes under the bed mattress. We have door-knob conversion kits that turn round doorknobs into lever knobs for kids who have a hard time with gripping. We have evacuation aids, which are basically portable stretchers for kids in wheelchairs."



Check it out – the new Safety Store at Riley Hospital provides education as well as safety merchandise.

Education makes the difference

Fast says the most important thing the store will offer is education.

"We don't want this to be a store where someone just comes in, buys an item and leaves," says Fast. "We want to make sure they really know how to use it properly before they leave. That's the main focus."

As part of the process, staff members have rewritten some of the product instructions to make them easier for parents to understand and install.

"The Safety Store adds one more notch to the Riley name and experience as a demonstration of our hospital's commitment to innovative ways to reach all families with information and resources to help prevent injuries, [which is] the leading cause of death for children in Indiana and nationwide," says Stroup. "With the opening of the Safety Store to the statewide community, we are providing all families with access to the tools and resources that can help them create safer home environments for their children."

The Safety Store is located inside the Over the Rainbow Gift Shop at Riley Hospital. It is open Monday through Friday, from 9 a.m. to 4 p.m.

Employees begin using new Contribution Management system



April marks the first significant milestone for the new Contribution Management process at Clarian. Nearly 1,000 employees are scheduled to complete their initial Annual Summary using the new system this month.

"It has not been without challenges," admits Tim O'Connell, Contribution Management project co-leader. However, he adds, "The implementation process has actually helped us to identify several areas in which we needed additional information. It's turned out to be a positive process, which has resulted in better, more complete records than we had before we began."

Despite the inevitable early challenges of any new procedure, many employees say they like the Contribution Management system.

"I love the fact that I can get to be part of the feedback and feel that my comments are considered." – Sandy Lewis

Two-way feedback

Sandy Lewis, mammography technologist, recently completed the Contribution Management Annual Summary process with her supervisor, Carlos Vasquez.

Lewis says that once she logged on to the system, she found the summary easy to complete. She took advantage of one of the many Contribution Management "open labs" that were held during April to enter her summary feedback.

Lewis, who has been with Methodist for 40 years, thought the Contribution Management system improved the annual process with her supervisor. "Before, we spent a few minutes each year talking through the document and then we signed the form – and that was it," she says.

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We want to hear from you!

Do you have a story idea or something to say about a story you've read in *The Clarian*? Tell us about it!

If you have an inspiring story, an interesting angle on a new technology, know of a great example of customer service, or even have a great blooper for OOPS! call, fax or e-mail *The Clarian*.

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You can read *The Clarian* online at clarianweb.clarian.org.

Deadlines

Submissions for classified advertising and for *Briefly speaking* must be received in our office by noon, two Thursdays prior to the publication date. Requests for other stories may require more lead time; please contact the editor at 962-4527 or kmartin3@clarian.org.

When sending a submission or an ad to *The Clarian*, include your name, department and phone number. When space is limited, information will be included on a newsworthy basis. All submissions may be edited for style or clarity. Submission does not guarantee publication.

The Clarian is printed on recycled paper.



Read your e-mail

Required password change coming

The Clarian Information Security and Confidentiality policy (IM-01-01) specifies that information collected or maintained by Clarian must be kept secure and confidential in order to protect it from unauthorized access, use or abuse. Because it is critical that Clarian protect the confidentiality of patient, physician, hospital and employee information, the NT Password Strengthening Project will be immediately implemented. The project's goal is to make it more difficult for inappropriate access to Clarian data to occur.

The NT Password Strengthening Project provides an easy way for Clarian network users to create new passwords that are more difficult for potential hackers to figure out. All passwords older than 180 days must be changed.

Begins immediately

The week of April 25, network users will receive an e-mail explaining the change and why it is necessary. Within a few days of that e-mail, the first group of users whose passwords are about to



expire will receive a second e-mail message, telling them when their current password will expire. This e-mail will contain instructions on how to change the password. Such messages will continue to go out to different user groups for about two months, alerting each group in turn when their passwords are about to expire.

New passwords must include a minimum of six characters, at least one of which must be an alpha character, and at least one of which must be a numeric character.

These changes will enhance protection of confidential information by making it much more difficult for hackers to break into the system.

Password must change every 180 days

Passwords will expire every 180 days. Two weeks before a password is set to expire, the user will receive a reminder e-mail of the coming expiration date. Another reminder will be sent two days before the password expires.

Passwords can be changed at any time, and may be changed more often than the required 180 days. Any time a password is changed, the 180-day clock re-starts. If you change your password before it expires, you will be able to change it at your convenience.

For more information about the NT Password Strengthening Project or for help changing your password, call the Help Desk at 962-2828.

Celebrate Nurses Week

May 6-12

The work of America's 2.7 million registered nurses to save lives and maintain the health of millions of individuals is the focus of National Nurses Week, celebrated May 6-12. The theme this year is "Nurses: Many Roles, One Profession."

The American Nurses Association (ANA), in conjunction with its state nurses associations, is drawing special attention this year to safe patient lifting and handling.

At Clarian, Nurses Week is becoming a month-long celebration.

Clarian nurses will be honored by a kick-off celebration and poster presentation as well as several community activities, including Nurses Celebration Saturday at the Indianapolis Children's Museum, Nurses Day at the Track, Nurses Day at Victory Field and a Nursing 2000 Scholarship Banquet at the Ritz Charles. To the right is a schedule of some of the recognition events planned at Clarian.

Friday, April 29

Kick-off celebration, poster presentation

Saturday, April 30

Nurses Celebration Saturday at Children's Museum

Sunday, May 1

Ice cream distribution at all facilities

Monday, May 2

Gift distribution at all facilities

Wednesday, May 4

Ice cream distribution at all facilities

Thursday, May 5

Med-Surg Potpourri conference

Friday, May 6

Salute to Nurses award luncheon, by invitation

Thursday, May 12

Nurses Day at the Track

Friday, May 13

Nurses Day at Victory Field and Nursing 2000 Scholarship Banquet at the Ritz Charles

Wednesday, May 18

Nurses Day at the Track

Friday, May 20

Nursing Leadership Day at the Track

For more information about Clarian Nurses Week activities, call Nurse Recruitment and Retention at 278-7565.

New Contribution Management system ... continued from page 1

"I love the fact that I can get to be part of the feedback and feel that my comments are considered," explains Lewis. "I know I am good, but it's special to know that my supervisor also knows I am good."

Less to remember

Lewis says she believes the system's "notes" feature will be of particular benefit to her. "A year is a long time to

remember back. We do get a lot of compliments and notes from our patients," she says. "It is nice to have a way to document those throughout the year."

Employees are encouraged to log into the Contribution Management system and begin documentation now.

"Even if your Annual Summary [determined by your birth month] is not until the end of the year, you can begin now by

making notes and developing goals," says O'Connell. "This will allow you to have a more profound discussion with your supervisor about your contribution during your Annual Summary."

For more information about Contribution Management or to access the Contribution Management software to begin your documentation, go to the Contribution Management Web page on Pulse.

Personal experience leads Colts cheerleader to hospice care

Karla Witherell is a study in contrasts. On Saturday, she might be visiting with a terminally ill patient in Methodist's Yellow Rose Hospice; and on Sunday, she might be dancing her heart out at the RCA Dome as she cheers on the Indianapolis Colts.

The Colts cheerleader started volunteering for Clarian's hospice program following the death of her father, who struggled with cancer for 16 years.

"Cancer has been a big part of my life," Witherell explains. "I have learned to deal with it. In the last three months of my father's life, he was a hospice patient at home. We had a hospice volunteer named Joe Roberts who came once a week and offered respite time for me and my mother. While my mom worked, I took care of my dad during the day. I have two little sisters, so I took care of them too, because they were home for the summer during those last three months of dad's life."

Witherell says everyone, from the nurses to the social worker who looked after her dad, was amazing. She was especially inspired by Roberts.

"Joe would come and sit for three hours at a time," remembers Witherell. "I thought I had to go out and try to run my errands as fast as possible; but Joe would just tell me to take my time, and he would sit there calmly with my dad. For a while, my dad could communicate with Joe. But by mid-summer, he couldn't talk anymore, so Joe would just sit with him."

After her father died, Witherell knew she had to be part of the organization that was such a help and comfort to her own family.

"I volunteer now, because I feel like this is my way to give back," she says. "When there is a home hospice patient available in my area on the south side or downtown, I am an in-home volunteer. When I don't have a patient, I work on the unit every other Saturday."

She says there is an important reason for volunteering with hospice.

"It keeps me grounded. It is very easy to forget and get caught up in our daily schedules and focus on ourselves. But when I work on the unit and see other people grieving, it helps me to remember what is important in life. I take a step backward and realize that everything I am stressed out about is not that bad. Of course, I'll never forget my dad. But I don't want to forget all that I and my family went through, and the lessons that I learned from it."

Her special connection with hospice makes Witherell a great volunteer, says a family member of one of her former patients.

"It made me feel better knowing that she had been through with her dad what I was going through with my mom," says Judy Dayan, whose mother Helen Matthews was an in-home hospice patient for seven months. "Karla had experienced the same things I did. She is just so compassionate. She knew she was taking care of our whole family, not just my mom. I can't describe how much I appreciated what Karla did for us. She is a sweet girl."

Not everyone is cut out to be a hospice volunteer.

"You have to have a willingness to open up your heart and let someone else in," Witherell explains. "Yes, it is important to create boundaries, so you can handle it when people pass away; but you can't be so shut off that you can't sit down and listen to them. You need to make yourself a little vulnerable. And you learn to make those boundaries and learn that you can't take it home with you. I actually follow Robin's example [her father's social worker] and do my grieving in the car. By the time I get home, I put it away and don't bring it to my family."

Witherell says hospice volunteering is "not optional" for her. No matter how busy she gets – whether it is looking for a job, going back to school to become a high school French teacher or preparing for her wedding next January – hospice volunteering will always be a part of her life.

To learn more about hospice volunteer opportunities, contact Pat Darden at 962-5000 or pdarden@clarian.org.



Karla Witherell volunteers on the Yellow Rose Unit when she is not assigned to an in-home hospice patient. She is shown here with patient Jake Cooper and family.

Gift of Life program gave Qudrat a chance at life

Qudrat Ullah Wardak was undoubtedly one of Riley Hospital's most well known patients. As the media made his story known, the toddler's plight – and later his happy, beaming face – touched hearts all over the world.

Yet there are many children who, like Qudrat, need specialized medical care, that the public never sees. The loveable Afghan toddler was among the more than 57,000 patients seen by Riley staff and physicians every year.

Qudrat was born with reversed blood vessels in his heart. The blood circulating in his body did not carry enough oxygen to keep him alive.

Indiana National Guard Captain James Gruber, an Indiana physician serving with the Brigade's 1st Battalion, 151st Infantry Regiment, examined Qudrat and knew he needed open-heart surgery, which was not available in Afghanistan. Lt. Col. Terry Snow, civil-military operations officer for Task Force Phoenix and a member of the Rotary Club of Greenfield, contacted the Greenfield group and asked them to help.

The Rotary Club contacted Riley Hospital for Children, which participates in the Gift of Life program. The plan to bring Qudrat to Riley for heart surgery was set in motion.

The Rotary Club pays a pre-determined amount for each Gift of Life patient's treatment, and also foots the bill for Ronald McDonald House accommodations for the child's family. Riley Hospital and physicians donate the time and expertise that Gift of Life patients like Qudrat need.

Qudrat arrived in the United States on February 25 weighing less than 13 pounds. On March 8, Riley physicians repaired Qudrat's tiny heart in a six-hour surgery. By the time the toddler returned to Afghanistan several weeks later on April 14, he appeared to be thriving, weighing in at a little more than 19 pounds. He'd also sprouted his first tooth.

"There was a huge celebration at the refugee camp when he returned, and I have this incredible picture of his mother. You can just see how happy she was," remembers Major Landry Foley, the Indiana National Guardswoman who accompanied Qudrat and his father to Indiana.

But the following day, early on the morning of Friday, April 15, says his father Hakim, a crying Qudrat awoke with a too-rapidly beating heart. A short time later, the baby's heart quit beating, and he died.

"Hakim told me at least three times how thankful he was for everything that we had done for Qudrat – that includes all the great people at Riley," Foley wrote in an e-mail the following day. "I want you to know and pass on to those involved how much he still thought of all that was done to save his son's life."

"There was so much good that came out of this whole situation," wrote Foley. "I want to personally thank all of you there at Riley for everything that you did for Qudrat and for the graciousness with which you treated all of us."



Qudrat was among the 57,000 children treated at Riley Hospital every year.

Remember Qudrat by helping another child in need

Qudrat had a chance at life because of programs supported by people like you. There are several ways you can help other needy kids get access to the medical care they need. Following is information on some of them.

Tax-deductible donations to the Gift of Life fund may be sent to:

Gift of Life
c/o District 6560 World Community Service Foundation
PO Box 6381
Fishers, IN 46038

Note "Gift of Life" on the memo line of the check.

Those who wish to donate directly to Riley Hospital for Children in memory of Qudrat may send their donation to:

Riley Children's Foundation
Attn: Gift Processing
30 South Meridian Street, Suite 200
Indianapolis, IN 46204

Individuals who wish to make a gift directly to the Wardak family may do so at any Forum Credit Union location.

Race for the Cure

Team Clarian is largest Race for the Cure team in the world

Nearly 40,000 people walked and ran to raise money and increase awareness of breast cancer in Indianapolis' 14th annual Susan G. Komen Race for the Cure walk/run, held this year on Saturday, April 16. For the eighth year in a row, Team Clarian was the largest team in the nation – and in the world – with 5,378 team members.

The event is named for Susan G. Komen, who died of breast cancer in her 30s. The race named for the young Illinois woman has become the largest event of its kind in the world. It is held in more than 100 cities in the United States, in Puerto Rico and in several European countries.

The Komen Foundation's mission is to eradicate breast cancer as a life-threatening disease by funding research grants and supporting education, screening and treatment projects in communities throughout the world.

Can strike at any age

Breast cancer can strike regardless of age or family history. Breast cancer survivor Kristen Davis, MD, a physician with Methodist Medical Group, is just 31 years old.



Kristen Davis was diagnosed with breast cancer at a young age and with no family history of the disease.

Last June, Davis found a lump during her monthly breast self-exam. Since she was nursing her then eight-month-old son, she thought it was perhaps a blocked milk duct. When it didn't improve, she saw a surgeon. The lump was malignant. Davis had a mastectomy last November. Grateful to learn that none of her lymph nodes showed metastatic disease, she still faced tough challenges. Because of her young age and the type of tumor she had, Davis had to undergo six rounds of chemotherapy.

Like many women diagnosed with breast cancer, Davis had no family history of the disease. Her personal experience has intensified her desire to educate her patients about the importance of prevention and early detection.

Davis participated in this year's race as a survivor.

Providing education and outreach

Of the net proceeds raised by the event, 75 percent will stay in Central Indiana to fund screenings and follow-up care for underserved women, and to help provide education about breast health and early detection as well as education and outreach programs specifically about breast cancer. The remaining 25 percent helps fund the Susan G. Komen Breast Cancer Research Program.

To learn more about the Susan G. Komen Foundation or Race for the Cure, visit breastcancerinfo.com or komenindy.org.



Team Clarian members totaled 5,378 – making it the largest team in the world!



Breast cancer survivors triumphantly wore their bright pink boas.



Entire families turned out to walk together.



Indiana Pacer Pace Mates led warm-up exercises before the race.



It was a beautiful day for the race.



Top team captains

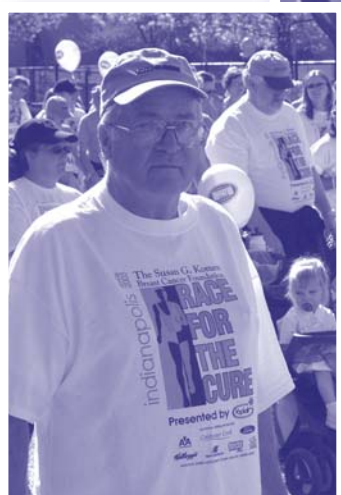
Team Clarian captains recruited a total of 5,378 walkers and runners for this year's Race for the Cure, raising more than \$120,000 for the fight against breast cancer.

"It's amazing to me how many team captains we have every year and how they keep increasing our Clarian team," says Barbara Hickey, special events manager for Clarian. "This year so many of the team captains have been affected by breast cancer. One of the team captains was cancer-free until last year at this time. She completed her treatment this year during recruitment and again found another lump. Another team captain had been to the funeral of a friend who died from breast cancer on the day she turned in her money."

Shirley Hofmann in Accounts Payable fielded the largest Clarian team this year. Hofmann recruited 271 team members and generated \$6,240 for the Komen Foundation.

Following are the rest of the top Team Clarian captains this year:

- **Kim Epple and John Connett**
IU Cancer Pavilion
254 team members, \$4,818
- **Shirley Peterson**
Pharmacy
174 team members, \$2,903
- **Beth Ballard**
M•Plan
171 team members, \$3,910
- **Charlene Kamp, Cindy Smith and Cindy Hughes**
MMG
170 team members, \$3,252
- **Carol Cornelius, Shannon Mosley, Victoria Rives and Amy Miller**
ROC/Riley
151 team members, \$5,022
- **Rosalind Wooten**
Pharmacy
151 team members, \$2,675
- **Sarah Young, Sarah Myers and Sarah Smith**
Pharmacy
117 team members, \$2,338
- **Doug Morris**
Facilities
107 team members, \$2,543
- **Cynthia Bishop**
Riley Outpatient Center
103 team members, \$2,306
- **Marijane Armbruster**
Patient Financial Services
100 team members, \$2,128



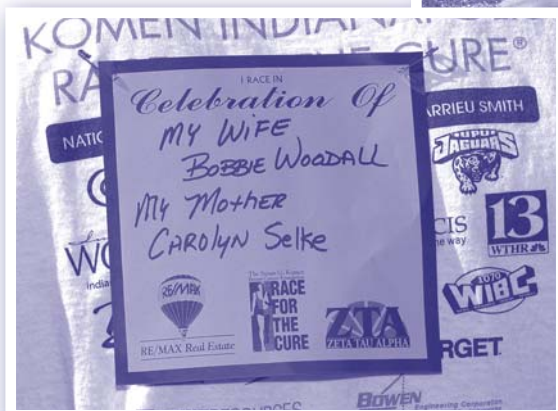
Four-legged pals walked for the cure, too.

Nearly 40,000 people participated in the Indianapolis Race for the Cure this year.



Kids in strollers got to participate in the race, too.

Many walkers participated in memory of or in celebration of loved ones diagnosed with breast cancer.



Secrets of a successful team captain

Like many of the people who take part in the Susan G. Komen Breast Cancer Foundation's Race for the Cure, Beth Ballard's life has been touched by breast cancer. Her 89-year-old grandmother was diagnosed and treated for the disease and then lived another seven years.

"I always remembered how the surgery sort of deflated her vanity," says Ballard. "But I also remember how good the people were who had undergone similar procedures and came to see her to give her encouragement."

That's why Ballard spends time organizing a campaign at M•Plan to recruit walkers and run-



Beth Ballard from M•Plan builds successful teams year after year.

ners for the annual Indianapolis event. "Every year I contact our HR director, Steve Jones, and tell him I am going to be the captain again," Ballard explains. "He then sends out a company-wide e-mail about the race. This year, he also put a call out for help for me, and these five wonderful people stepped up. I call them my 'dream team.' Some of them had lost people to breast cancer. Some had walked the race before. They just appeared at my desk and asked, 'How can we help?'"

Ballard is reluctant to take credit for the record 171 people at her company who signed up this year. She says members of her dream team –

Teri-Lyn Morton, John Guedel, Rose Kolterman, Jennifer Horton, Holly Joyce and Amy Williams – came up with their own recruitment ideas. She says the person helping her from M•Plan's call center went up and down the aisles of the center with a cart giving out pink lemonade, pink sugar cookies and registration forms.

M•Plan encouraged participants to wear their race shirts to work the day before the race. Ballard also wrangled some promotional items that they gave away in drawings the week leading up to the event. She says she was particularly touched by one donated item.

"A woman who lost her brother to cancer recently is an excellent bead jewelry maker, and she gave me a pink beaded necklace, bracelet and earring set accented with silver ribbons to use as the grand prize. It's just so beautiful."

It's going to take some effort next year for Ballard to top this year's record, but she says she already is formulating a plan.

He had an \$85,000 idea

Everybody loves to save money. But are they really willing to work for it? Randy Roberts is. The anesthesia tech team leader at Methodist just knew there was money hidden somewhere in his department, so he formulated a plan to find it.

How he did it

Step one: Get support for his project. Roberts met with Paul Calkins, MD, medical director of Surgery, and Wayne Ambrous, MD, medical director of Anesthesia. They found Roberts' mission to be right in line with Clarian's, so they gave him the go-ahead.

Step two: Find a money manager. Roberts asked Mark Kolbus, a purchasing agent in Material Services, to generate a financial report listing the biggest product expenditures in Anesthesia.

Step three: Scour the top 10 most expensive purchases and find a way to save money for Clarian. Roberts found what he was looking for. Disposable pulse oximeter probes were costing the department a lot of money.

"I saw how much we were spending on disposable probes, so I said, 'Why don't we go to reusable probes?' They are very good and reliable. The reusable probes don't need to be sterilized; they can just be wiped off and reused," explains Roberts.

The department has started using the reusable probes, and the change may end up saving Clarian more than \$85,000 a year.



Things change ... and change again

Roberts, who has been with Clarian for 34 years, say it's ironic that the savings should come from reusable probes.

"About 15 years ago, we were using the reusables, and they were very expensive back then. We found out that disposables were available and cheaper, so we went to them."

He says that over time the price of disposables went way up, while the price of reusable probes came down.

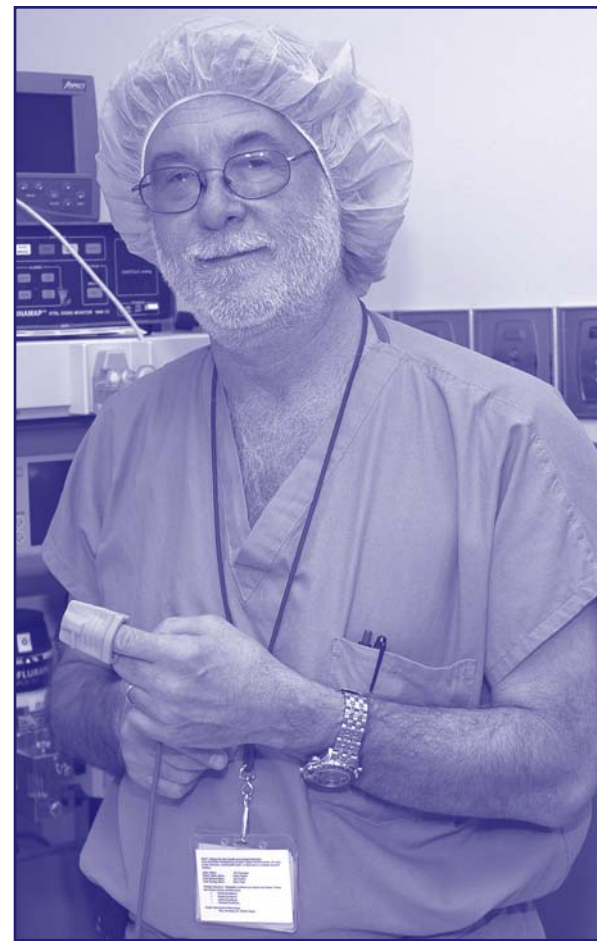
"This is a great example of how people close to a problem can step back, take a new look at an issue, and come up with a solution that fits everyone's needs," says Calkins.

In appreciation of Roberts' extra effort, the department gave him a \$100 Meijer gift certificate.

Roberts says he wasn't able to squeeze any savings out of the other nine top 10 expenses, so he and Kolbus are continuing to move down the list looking for more money-saving ideas.

In the meantime, Roberts keeps Kolbus busy looking at all the financial paperwork for the department.

"I meet with Mark once a month," says Roberts. "Sometimes things get charged to the wrong department. Once, we had a lot of things charged to our department that really should have gone to Profusion, and it really stands out on this report. I go through it, and if I see anything that looks funny, I check it out."



Randy Roberts took a new look at an old issue and found a way to help Clarian save \$85,000 a year.

Save this date

June 1 health fair scheduled

Wednesday, June 1, is the date selected for the Clarian Health 30-Day Race to Better Health Fair. It's no coincidence that the date is exactly one month before the organization's outdoor property becomes as smoke-free as its buildings have been for years.

The fair doesn't only benefit smokers, though. At the fair, you can pick up tips on great ways to manage stress; try out a massage; learn about the benefits of music therapy; take advantage of tips provided by Women's HeartAdvantage and from various cancer service and education programs; and compete for prizes. Hook up with a consultant from Healthy Results for You and create your own personal healthy life plan.

The fair will be held Wednesday, June 1, from 10:30 a.m. to 2:30 p.m. at the following locations:

- Methodist Hospital Palm Tree Atrium
- Indiana University Hospital AOC Lobby

Watch future issues of The Clarian for more information about the 30-Day Race to Better Health Fair.



April is National Donate Life Month

Clarian works to increase donor rates

In April of 2003, former Health and Human Services Secretary Tommy G. Thompson joined with key national leaders and practitioners from some of the nation's transplantation and hospital communities to launch the Organ Donation Breakthrough Collaborative. The collaborative is intended to dramatically increase access to transplantable organs; it is "committed to saving or enhancing thousands of lives each year by spreading known best practices to the nation's largest hospitals and to achieve organ donation rates of 75 percent or higher in these hospitals."

More than 87,000 people in the U.S. are currently waiting for an organ. The United States is far from maximizing its supply of available organs from deceased donors. The cost to human life because of that is an average of 17 deaths per day among those who are waiting for a transplant.

The opportunity to reduce the number of people waiting or dying rests heavily with the nation's 200 largest hospitals, where 50 percent of eligible donors are found.

In September 2004, Clarian Health joined the National Collaborative and partnered with Indiana Organ Procurement Organization (IOPO) to create two teams: Methodist "Team LifeLiners" and IU/Riley "Team Miracle." Drawing on the experience of practitioners with high donation rates, both teams have worked together to rapidly learn, adapt, redesign, test, implement, track and refine the organ donation process to achieve higher donation rates at Clarian. So far this year, Methodist has increased its donor conversion rate to 61 percent overall.

The most important personal step in donation is to get the facts and discuss your wishes with your family. Knowing your wishes can be a great comfort to your family during a difficult time. Every single donor is important. Clarian's teams' efforts are leading to the recovery of organs that will save the life of someone's mother, father, daughter or son.

To learn more, call IOPO at (888) ASK-IOPO (275-4676) or visit the IOPO Web site at iopo.org.

NEWS YOU CAN USE

Time for the Task Core Spring Jewelry Sale

The Methodist Hospital Task Core's annual Spring Jewelry Sale will be held in the Palm Tree Atrium at Methodist Hospital Tuesday, April 26, from 7 a.m.-4 p.m., and Wednesday, April 27, from 8 a.m.-3 p.m.

Sale items include new spring pieces of 10 and 14 karat gold, sterling silver, precious and semi-precious stones, rings, necklaces, bracelets and fashion watches.

Profits from the sale will be used to benefit employee, hospital and community health care programs supported by Methodist Hospital and Task Core.

Task Core has contributed more than \$1.5 million dollars during its 20 years of service to Methodist Hospital. Profits have been used for Women's HeartAdvantage, Tech Teen Clinic, Clarian Employee Assistance Program, Volunteers in Medicine, Gennesaret Free Clinic, OASIS and continuing education courses for nurses.

The semi-annual Jewelry Sale and the annual Art and Antiques Show are Task Core's primary fundraising projects.

Accepted methods of payment at the sale include cash, checks, VISA, MasterCard and Clarian payroll deduction. For more information about the sale, call Michael Ault at 962-1786.

Banking Fair provides information about direct deposit

The Clarian Banking Fair will travel to each of the downtown hospitals, providing information about Clarian's transition to electronic direct deposit of payroll checks. The fair also provides an opportunity to turn in direct deposit enrollment forms or to open a bank account with the Clarian Federal Credit Union or one of the other banks participating in the fair.

The fair is scheduled for the following times and locations:

Monday, April 25 11 a.m.-1 p.m.
Methodist Hospital Main Street

Tuesday, April 26 11 a.m.-1 p.m.
Indiana University Hospital Central Elevator Lobby

Wednesday, April 27 11 a.m.-1 p.m.
Riley Hospital Atrium

How will Lawson changes affect you?

As announced in previous issues of *The Clarian*, many changes will be made to the Lawson system this year. Lawson is the system used to pay employees and Clarian vendors, produce monthly operating statements, place orders for goods and services and track Clarian supply inventories.

The changes will affect many employees at Clarian, whether or not they work directly with the system. Learn more about the changes coming to Lawson at one of the information booths that will be set up at the following times and locations:

Tuesday, May 3 11 a.m.-1:30 p.m.
MMP North

Wednesday, May 4 11 a.m.-1:30 p.m.
MMP South

Thursday, May 5 11 a.m.-1:30 p.m.
MMP West

Friday, May 6 11 a.m.-1:30 p.m.
MMP East

Monday, May 16 10 a.m.-2 p.m.
Clarian West Medical Center, near the cafeteria

Tuesday, May 17 10 a.m.-2 p.m. and 6-8 p.m.
Methodist Hospital, Main Street

Wednesday, May 18 10 a.m.-2 p.m. and 6-8 p.m.
Indiana University Hospital, near the Central Elevators

Thursday, May 19 10 a.m.-2 p.m. and 6-8 p.m.
Riley Hospital Atrium

Friday, May 20 10 a.m.-noon
Gateway Plaza Building, 6th floor

People Mover service suspension

Clarian People Mover service will be suspended April 29-May 2, while Facilities works on extending the tube system along the train's guide way into the IU/Riley station. Service will stop at 10 p.m. Friday, April 29, and resume at 5:30 a.m. Monday, May 2.

Train service will continue while work is done on the bridge steel structure that connects the new consolidated lab building to the People Mover Canal Station the weekends of May 7-8, May 14-15 and May 21-22, but only one train will run during those weekends.

Work scheduled for the People Mover is always weather dependent, and these dates may change if weather interferes with the work.

EMPLOYEE EDUCATION

A few minutes on e-LMS could help save your life

Radiology has developed an e-LMS educational module for MRI safety. MRI safety awareness has become increasingly important following several events in the United States that resulted in patient death or serious employee injury.

Most such events involved employees who did not work in Radiology on a regular basis. The accidents occurred because the employees were not aware of the dangers of high-strength magnets.

To help maintain patient safety, Clarian Radiology wants staff to be educated and aware of the dangers of an MRI magnet. Examples of non-radiology personnel who could come into contact with the magnets include ICU nurses, housekeeping, security and facilities staff members, code teams and anesthesiologists.

Employees are encouraged to view an e-LMS education module that has been specifically

created for that purpose. The module also will help staff properly prepare patients for an MRI scan. Radiology is inviting all employees to view this module each year.

To view the module, go to e-LMS on Pulse. The keyword is MRI safety. If you have trouble accessing the module, contact Shelly Curtin at rcurtin@clarian.org or 962-5468.

EMPLOYEE WELLNESS

Tell your asthma success story

Do you have asthma and have learned how to control it? Have you or your child had an inspiring asthma camp experience? If you have a story related to asthma, write it up and submit it to Clarian Health Promotions, which is holding an essay contest in honor of World Asthma and Allergy Month in May. Entries will be accepted until Monday, May 16; top entries will win a prize.

All entries must be submitted to the attention of Sarah Ketterer in Clarian Health Promotions, addressed to PO Box 1367, Indianapolis, IN 46206 or sent to sketterer@clarian.org.

Night shift wellness fair

A night shift employee wellness fair is scheduled at Indiana University Hospital for Thursday, May 5, from 2-4 a.m. in room 3175. Sponsored by Health Promotions, Healthy Results for You, EAP, Buchanan Counseling Center, Women's HeartAdvantage, Chaplaincy, HealthWorks and Employee Occupational Health Services, the fair will provide a wealth of health information as well as free blood pressure checks and cholesterol screenings. Pick up smoking cessation information, schedule a personal fitness consultation and compete for door prizes.

Healthy Steps program begins in May

Healthy Steps registration begins Monday, May 2, and continues through Friday, May 13. Then the Healthy Steps program begins Monday, May 16. For more information or to register, contact Erin Peak at 962-8104, 274-6712 or emcpeak@clarian.org.

OF INTEREST

Partnership produces excellence

Clarian Health is among the local employers partnering with the McKenzie Career Center to be selected as a recipient of the Indiana Career and Technical Education Award for Excellence. Clarian's involvement was made possible by a \$1,000 donation from the Arthritis Care Center's Methodist Health Foundation account, contributed to by the center's physicians.

A corporate sponsor for the past two years, Clarian has helped to provide resources for students to build robots for the national high school FIRST Robotics competition regionally and the Indiana FIRST Robotics Invitational held at Lawrence North High School in Indianapolis. Team #1024, which produced the "McKenzie Kilobyte" robot, won the Rookie Award, Grand Rapids Regional Award and has been invited to the

2005 national competition.

A formal recognition ceremony at the Government Center auditorium included recognition by the Indiana House of Representatives and the Indiana Senate.

IUSM Library and Clarian People Mover grace calendar cover

A photograph of the Indiana University School of Medicine Library has been selected as the front cover photo for the Elsevier & Majors 2005 calendar. Elsevier, a major international publisher of print and electronic books, journals and databases, ran a competition for the best photograph of a medical library.

Doug Bartlow of the Medical School Library submitted the winning entry, which features the library and the medical research buildings. The Clarian People Mover is shown in the foreground.

You can view the winning photo online at medlib.iupui.edu/libraryhistory/library2004.html. For more information, e-mail jbartlo@iupui.edu.

VOLUNTEERS

Domestic violence product drive

Clarian will host a product drive for the Domestic Violence Network of Greater Indianapolis May 9-13. Donations help support local Indianapolis families seeking independence from an abuser.

Needs for adult women include combs, dental floss, hair brushes, household cleaning products, lotion, toothbrushes, toothpaste, shampoo and conditioner, shower caps, soap and panty hose.

For children, diapers, baby wipes, books, construction paper, crayons, markers, puzzles and small toys are needed.

Please, no clothing or food.

Donation drop-off bins will be located at:

- Methodist Hospital, Main Street
- Indiana University Hospital, near the Central Elevators
- Riley Hospital Atrium

For more information, contact Kim Zehr at kzehr@clarian.org or 962-6157.

Midwest Cabernet Experience benefits Riley Heart Center

A light dinner prepared by The Montage culinary staff will accompany a selection of Cabernet Sauvignon wines from the most famous wine-growing regions of the world at The Midwest Cabernet Experience, benefiting the Riley Heart Center at Riley Hospital for Children. The event takes place Thursday, April 28, from 6:30-9:30 p.m. at The Montage, located at 8580 Allison Pointe Boulevard in Indianapolis.

The Midwest Cabernet Experience is sponsored by Kahn's Fine Wines. Tickets are \$75 in advance, \$100 at the door. For tickets, contact Audrey Nelson at 274-2029 or adstarr@iupui.edu, or call Kahn's at 251-9463 or 817-9463.

Don't keep all your eggs in one basket

JPMorgan Retirement Plan education meetings scheduled

If all your retirement investments are in one or two funds, you might want to consider diversifying. When all of your eggs are in one basket and that basket falls, you lose most or all of your eggs. The same principle applies to your retirement nest egg. If it is all in one fund, and that fund's value drops, you could suffer a big loss.

Spreading your money over a broad range of investments, including a wide variety of stocks, bonds and

cash, is a powerful way to reduce your risk. A JPMorgan Retirement Plan Services consultant will visit Clarian in May to help employees understand how to diversify in the Clarian Health Partners Defined Contribution Plan.

You may attend any of the meetings shown here and/or drop by to talk with the consultant one-on-one during the times indicated for personal meetings.

No sign-up is necessary. Simply

attend the meeting that works best for you. For more information, contact Ann Maier at 962-0641 or amaier@clarian.org.

Tuesday, May 3

Methodist Hospital Petticrew Auditorium
7:30-8:30 a.m.; noon-1 p.m.; and 4-5 p.m.

A consultant will be available for one-on-one meetings outside the hospital cafeteria from 9-10:30 a.m.

Wednesday, May 4

IU/Riley campus, Van Nuys Medical Science Bldg., Room MS B16
7:30-8:30 a.m.; noon-1 p.m.; 4-5 p.m.

A consultant will be available for one-on-one meetings near the Central Elevators from 9-10:30 a.m.

Thursday, May 5

Methodist Medical Plaza North, Community Room
9-10 a.m.; 11 a.m.-noon; 1:30-2:30 p.m.

How to place a classified ad:

Clarian Health employees, volunteers, physicians and retirees may place classified ads. There is no charge for this service; however, ads are subject to editing for length or clarity. Ads are published on a space-available basis.

- Ads must be placed by noon, two Thursdays prior to the publication date.
- Ads must be submitted in writing to *The Clarian* in any one of the following ways: Fax to 962-4533, e-mail TheClarian@clarian.org or mail to *The Clarian*, Classified Advertising, 950 North Meridian Street, Suite 1200, Indianapolis, Indiana, 46204.
- Ads cannot be placed by telephone.
- Ads run for one issue only.
- All ads must be legible and include employee name, department and work telephone number so eligibility may be verified.
- Each ad must be less than 25 words, not including item price, employee name and home number. Only home numbers will be published. *The Clarian* is not responsible for any mis-use of published phone numbers.
- No personal services or private business advertising is published.

For Sale

- 2-ct. genuine tanzanite bracelet set in silver, pale blue square stones w/purple hues, \$300; 1 ct. tanzanite/diamond ring, oval cut flawless genuine tanzanite stone flanked by two round, brilliant cut diamonds set in 14 kt. white gold, sz. 7.5, \$180. Call Carol at 691-3722 and leave a message.
- Multi-family garage sale: Saturday, April 30, 8-5, Brownsburg, Lewis Lake subdivision near Blast-off Park, Locust Lane and Tilden Ave., follow the signs, lots of furniture and household items, kids' and teenage clothes and much more. No phone calls.

Want to post your ad electronically?
Log on to pulse.clarian.org and post your ad – and even a photo of the item – in the Classified section of the Clarian Intranet. After your item has sold, you can erase the listing – no more phone calls after the item is gone!

OOPS!
Medical dictation bloopers

The other foot has the missing toes.
Also, on his right hand he has a left thumb dislocation.

- Victorian balloon back chair, new yellow and blue upholstery, carved arms, heart-shaped back, \$500; slant-front secretary, 2 drawers below, circa 1900, original finish, \$350; wingback, \$100; teacart, mahogany finish, one shelf beneath, \$200. Call Steve at 293-5920.
- Indy 500 tickets, block of 19, Northeast Vista turn, sec. 24, rows U, V, W, \$85/ea. Call Cheryl at 289-5589.
- HP Deskjet 3845 printer, new, full warranty, \$40; PrimaScan Colorado 2400 flatbed scanner, \$20; PT table, portable vinyl, 19x34x5x19, legs not adjustable, \$50. Call 782-1069.
- Boy's Rescue Hero Command Center, \$25; Rescue Hero action figures, \$2-3/ea.; girl's Fisher Price kitchen set with fridge, sink, microwave, stove and dishwasher, \$50. Call 733-8023 evenings or leave a message.
- Boy's Free Spirit 10-spd. bike, \$25; girl's Free Spirit 10-spd. bike, \$25. Call 685-1967.
- Solid oak pedestal dining table, 48" round, one 18" leaf, \$495; hanging lamp, polished brass/beveled glass, 6-light pendant w/down-light, \$75. Call 770-0949.
- Dining table, 2 leaves, 6 newly upholstered chairs, custom table pads, \$550; Broyhill couch and loveseat, \$75/ea. Call Debbie at 852-2375.
- Baby changing table, bookcase, stroller, car seats, swing, Gemini, Diaper Champ, monitor, bouncy seat, breast pump and many other baby items. Call 576-1127.

Housing, Property

- For rent: 3 BR, 2 BA, den/possible 4th BR, EIK, GR w/FP, MB features garden tub, separate shower, small pets welcome, \$1,100/mo. plus deposit. Call Sheri at 823-3569.
- For rent: 1 BR carriage house apt., Woodruff Place, downtown Indy, private residence, washer/dryer, \$500/mo. plus gas/electric. Call 634-4938.
- For rent: Cottage on bay of Green Bay, WI, 20 min. to Green Bay and Lake Michigan, sleeps 6, FP, pier, kitchen, shower, on the water, \$575/wk. Call 770-0949.
- For sale: 3 BR, 2 BA, circular floor plan, breakfast area, breakfast bar, ceramic tile floors and black appliances, cathedral ceilings in GR, lg. deck, MB w/double closets, front porch, quiet neighborhood, convenient location. Call 850-2654 or visit mibor.com – mls # 2520503.

- For sale: Lawrence Twp, 3 BR, 2 BA, 2-car garage, vaulted ceiling, fenced back yard, patio, \$87,900, more info at www.fsbo-indy.com, ID# 1496. Call 895-5684.
- For sale: Decatur, 3 BR, 1 BA, LR, EIK, laundry, attic, 2-car detached garage w/carport, new paint, windows, water heater, A/C, siding and roof, appliances stay, alarm, move-in condition, \$89,900 OBO. Call 486-9360.
- For rent: 2 BR, 1 BA, spacious apt., Meridian Kessler area, appliances furnished, water paid, new furnace, refinished hardwood floors, washer/dryer hookup available. Call 926-8017 and lv. msg.

Autos, Boats, Etc.

- 2003 Explorer Sport Trac XLT, 37K miles, PW, PL, keyless entry, CD/CASS, CC, AT, \$17,500. Call Levi at 791-7322.
- 2004 Suzuki GSXR1300 Hayabusa motorcycle, 1.5K miles, 4-year extended warranty, completely stock, never been down, \$9,000 OBO. Call Anthony at 727-2846.
- 26-ft. travel trailer, sleeps 8, bunkhouse, loaded, microwave, stabilizer jacks, inside/outside shower, \$12,500. Call Trish or Mark at 272-8283.
- 2005 Dodge Caravan, 3.3 V6, privacy glass, dual side doors, alloy wheels, PS/driver, TW, PW, PL, AM/FM/CD/CASS, alarm system, \$19,900. Call Rick at 845-0861.
- 2003 FLSTFI Fatboy fuel injection, chrome front-end, \$16,500. Call Lucy at 514-3494.
- 2002 FLHTCI Electra glide classic, loaded, all chrome, lots of extras, \$16,000. Call Lucy at 514-3494.
- 1990 Chevy full-size luxury van, 255K miles, all power, 350 V8, AT, front and rear air, front and rear stereos, TV/VCR, some rust, transmission acting up, \$2,000 OBO. Call 946-4573 or (765) 552-9625.
- 1986 Ford F150 pick-up truck, long bed, 302 V8, dual tanks, AT, camper shell, 149K miles, \$500 OBO "as is." Call 289-8944.

Critters

- Tiger cat, brown, female, 8 years old, sweet/gentle natured, current on vaccinations, free to GOOD home. Call Debra at 374-3600.
- Persian cat, male, 2 years old, \$200; 30 gal. fish tank w/fish and accessories, \$100. Call Nicole at 446-7889 and leave a message.

Thank you

- We wish to say "Thank you" to Clarian and especially IU Nutrition and Dietetics for the beautiful planter you sent for Lawrence Pettet, who passed away

March 15, 2005. Thank you to Anita, Sylvia, 2B staff, Betty, Pam, Wendy and all coworkers at Riley for the beautiful cards and gift. Your kindness and thoughtfulness will always be remembered. Thank you for caring and for being there; people like you are special. You will always be remembered in our prayers.

The family of Lawrence Pettet, father of Kay Klepinger (Pettet); Cathy Fisher (Pettet); Alice Joyce (Pettet); and father-in-law of Diane Pettit.

Lost, Found and Wanted

- Wanted: Maternity uniforms/royal blue (nursing), especially looking for 1X-2X tops. Just need a few more months. Call (765) 414-0686.

April 24 to 30 is National Medical Laboratory Week.

Cindi Hart is April's "Woman of Character"



Comedienne and *The West Wing* star Lily Tomlin (second from left) poses with the April Woman of Character award winner Cindi Hart (left), her daughter, Madison, and husband, Ken, a server analyst with CapGemini. Hart received the award – presented prior to Tomlin's appearance at the Unique Lives and Experiences lecture series – for her courage, spiritual strength and compassion.

Clarian and *The Indianapolis Star* sponsor the Woman of Character awards program in conjunction with the Unique Lives and Experiences women's lecture series. The award winners for the February and March presentations were Mother Geraldine, head of St. Augustine Home for the Aged, on the northwest side of Indianapolis; and Julie Livingston, of Compassion4Kids, which assists homeless children in Lawrence Township and throughout the world.

A clinical information specialist with the Regenstrief Institute for Research and Science, Hart is a national champion in cycling and silver medalist in speed skating. While serving as a coach with Indy Parks and Special Olympics in Indiana, she was diagnosed with breast cancer; however, she continued to work with student athletes during her medical treatments. Hart won a state cycling championship during her second round of chemotherapy, and trained and qualified Special Olympian speed skating athletes between cancer surgeries. She has remained committed to helping those around her while fighting her own battle with cancer.

In her introduction, Nora Triola, vice president of Nursing and Patient Care Services for Methodist Hospital, said, "Cindi Hart embodies the Woman of Character award. Her commitment to her family and community, her success in overcoming a debilitating illness and her coaching endeavors are an inspiration to us all."

The final Woman of Character award recipient will be announced prior to Maya Angelou's presentation Monday, May 9, at 7:30 p.m., at Clowes Memorial Hall on the Butler University campus.

Clarian employees receive a 10 percent discount on tickets to the lecture; mention that you are a Clarian employee to get the discount. Tickets are available through Ticketmaster at 239-1000 or 239-5151, through the Web site at www.cloweshall.org or at the Clowes Hall box office.

– Lisa Dellinger, staff writer