



WORLD WINTER GAMES
PyeongChang 2013

Delegation Updates

ISSUE 2. August, 2012



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Invitation

Together We Can!



나경원

Ms. Na Kyung-Won
Chairwoman of Organization
Committee Special Olympic
World Winter Games
PyeongChang 2013

It is my great honor to invite you to the 10th Special Olympics World Winter Games from 29 January to 5 February, 2013 held in PyeongChang, the hub of winter sports and the host city of the 2018 Winter Olympics with more than 2300 athletes from 113 countries participating.

On behalf of the athletes, families and volunteers of Special Olympics, we invite you to join us in celebrating the best in sport.

At the 2013 PyeongChang Special Olympics World Winter Games, about 2,300 athletes with intellectual disabilities from around the world will participate in seven Olympic-type sports competition including Alpine Skiing, Cross Country Skiing, Snow Boarding, Snow Shoeing, Short Track Speed Skating, Figure Skating, Floor Hockey and Floor Ball demonstration. Athletes from around the world will demonstrate their skills while breaking down barriers of race, ethnicity, education level, social status, religion and economic background.

In order to break down barriers and create more accepting and inclusive communities where people with intellectual disabilities are able to reach their full potential, your interest and participation is of utmost importance.

We invite you to join is in celebrating the passion and excitement of the Games, while enjoying the thrills that will take place on the bright snow fields in 2013 .

Overview of the Games

- **Period** : January 26(Sat) ~ February 5(Tue), 2013
 - ※ Host Town Program : January 26(Sat) ~ 28(Mon)
 - ※ Opening Ceremony : January 29(Tue) / Closing Ceremony : February 5(Tue) at Yongpyong Dome, PyeongChang
- **Location** : PyeongChang(Alpesia Resort, Youngpyong Resort)
Gangneung(Indoor Ice Rink)
- **Participants** : 15,000 people from 113 countries
 - 3,300 Delegation Members, 1,300 Families, 1,000 Media, 1,500 Honored Guests
 - 7,800 Staffs(Volunteers, support agents)
- **Sports** : 7 sports(59 disciplines)
 - Alpine Skiing, Cross-Country Skiing, Snow Boarding, Snow Shoeing
 - Short-track Speed Skating, Figure Skating, Floor Hockey
 - ※ Demonstration sports(Floor Ball), MATP(Motor Activities Training Program)
- **Events** : Official Programs and Non-sports Programs
 - Ceremonies, Torch Run, Host Town Program, Special Olympic Town & Festival
 - Healthy Athlete Program, Young Athletes Demonstration, Global Youth Summit,
 - Global Youth Rally, Global Development Summit, etc.
- **Co-Hosts** : Special Olympic International(SOI)
The Special Olympic World Winter Games Organizing Committee
PyeongChang 2013(SOPOC)
- **Official Website** : www.2013sopoc.org/hb/en

Theme and Slogan

Theme

| | |
|----------------------|--|
| Participation | Create by joining together with the participation of athletes, families, spectators, volunteers and sponsors |
| Change | Use sports as a means to enhance the capacities of people with intellectual disabilities and change society's perception and attitude towards them |
| Harmony | Open a forum of global harmony where people understand and embrace each other and create communities of acceptance and inclusion for all |

Slogan

Together We Can!

“Together We Can!” means the challenge is taken up together. It aims to recognize the brave challenges faced by the people with intellectual disabilities, support the activities of athletes with intellectual disabilities, and change the social prejudices towards people with intellectual disabilities.

Logo and Mascot

Logo



The emblem of the Special Olympics World Winter Games PyeongChang 2013 shows an image of running dynamically and vividly under the concept of passion and joy. The yellow color symbolizes hope and happiness, pink symbolizes love and passion, green symbolizes conviction and clean energy, while blue symbolizes the vision for the future. It expresses the bright vision of the future through the passion and unity of Korea and Gangwon-do, and through the successful hosting of the Special Olympics World Winter Games

Mascot



"Rainbow-colored story of the challenges of special friends with different abilities!"

A blue bear, a sheep with red fur, and a green sheepdog, while they are a bit different, this is the story of their friendship, love, and challenge in winter sports.

Sports

Alpine Skiing



Alpine skiing consists of 12 racing disciplines including three for Super Giant Slalom, three for Giant Slalom, three for Slalom, the ten-meter walk, Glide, and Super Glide.

- Course

| Slope | Length(m) | Altitude Difference(m) | Grade |
|-----------------------|-----------|------------------------|-------|
| Silver(Adv.) | 1,000 | 266 | 31 |
| Megagreen(Nov., Int.) | 500 | 107 | 23 |

- Events

- Category 1: Novice (Super-G, Giant Slalom, Slalom)
- Category 2: Intermediate (Super-G, Giant Slalom, Slalom)
- Category 3: Advanced (Super-G, Giant Slalom, Slalom)
 - ※ An Athlete is restricted to participation within one category (3 events per category)

- Uniform and Equipment

- A helmet appropriate for alpine ski racing is required for all competitors in competitions and trainings
- Beginner and Novice alpine athletes may use skis that are 100cm and longer
- Alpine athletes may use skis shorter than 130cm as part of competition to accommodate physical disabilities, i.e. outriggers
- The Alpine Jury reserves the right to approve additional consideration for the use of shorter skis

- Sport Specific Information

- Each athlete shall have the assessment race
- Slalom and Giant Slalom races will consist of two timed runs. The combined times for each discipline will determine the results for awards
- The Super-G race will consist of one timed run



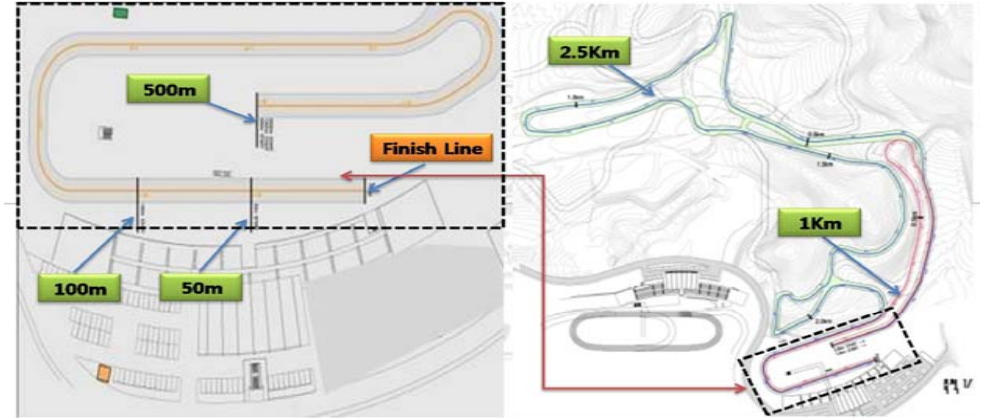
Yongpyong Resort, PyeongChang

Sports

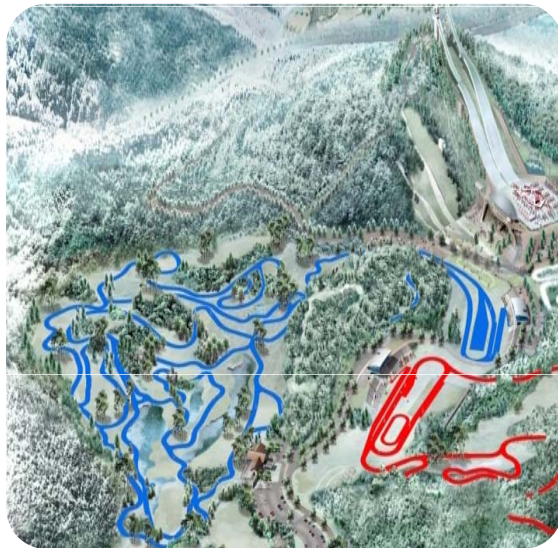
Cross Country Skiing



[Cross country skiing](#) is a part of Nordic Skiing it has two races and eight relay races.



- Course
 - Length 7.5km
 - Width 8m(min.)
- Events
 - Category 1: 50m C, 100m C
 - Category 2: 500m F, 1km F, 2.5km F, 4 x 1km Relay F
 - Category 3: 2.5km F, 2.5km C, 5km F, 7.5km F, 10km F, 4 x 1km Relay F
- Check in and Final call
 - An Athlete is restricted to participation within one category (2 individual and 1 relay)
 - Athletes shall check in one hour prior to their scheduled race time
 - Final call will be made 15 minutes prior to their scheduled race time
- Uniform and Equipment
 - Athletes must bring their own skis, poles, boots, bindings, uniforms, eyewear, and weather protective wear which must comply with International Ski Federation (FIS) rules
 - Athletes are required to wear bibs during trainings and competitions
- Sport Specific Information
 - A Start gun will be used in 50m and 100m events.



Alpensia Nordic Centre, PyeongChang

Sports

Snowboarding



[Snowboarding](#) consists of nine racing disciplines including three for Super Giant Slalom, three for Giant Slalom, and three for Slalom.

- Course

| Slope | Length(m) | Altitude Difference(m) | Grade |
|-------|-----------|------------------------|-------|
| Alpha | 610 | 77 | 10 |
| Delta | 520 | 147 | 16 |
| Echo | 701 | 192 | 16 |

- Events

- Category 1: Novice (Super-G, Giant Slalom, Slalom)
- Category 2: Intermediate (Super-G, Giant Slalom, Slalom)
- Category 3: Advanced (Super-G, Giant Slalom, Slalom)

- Check in and Final call

- An Athlete is restricted to participation within one category (3 events per category)
- Athletes shall check in one hour prior to their scheduled race time
- Final call will be made 15 minutes prior to their scheduled race time

- Uniform and Equipment

- A helmet approved (Federation Internationale du Ski, FIS) for alpine ski racing is required on all forerunners and athletes in official training and competition for all ability levels in all events. Helmets are required for all coaches in order to be granted access to the field of play.
- Athletes are required to wear appropriate snowboard attire (snowboarding or skiing pants, jacket, gloves, etc). The start official has discretion to prevent an Athlete from starting until the appropriate correction(s) have been made.
- An athlete must use the same attire and equipment for divisioning and finals. Changes in attire (from a jacket to a speed suit for example), or in equipment (from a freestyle board to a race board), will result in disqualification.

- Sport Specific Information

- Each athlete shall have the assessment race.
- Slalom and Giant Slalom races will consist of two timed runs. The combined times for each discipline will determine the results for awards.
- The Super-G race will consist of one timed run.



Alpensia Resort, PyongChang

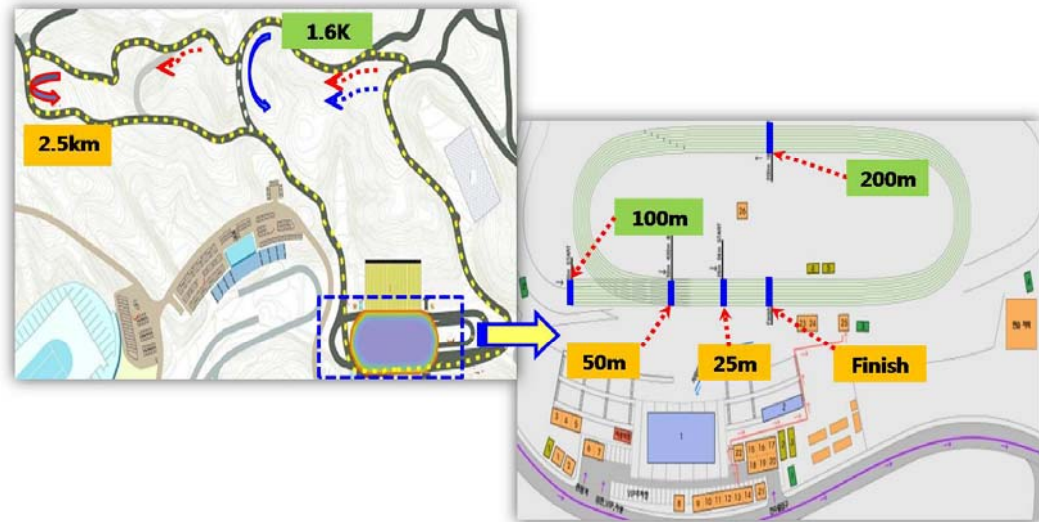
Sports

Snowshoeing



Snowshoeing consists of a total of nine events. It involves running across snow-covered terrain wearing snowshoes. It is an easy-to-learn winter sport, and even novices can be successful competitors.

- Course
 - Length 4km, Width 8m(minimum)



Alpensia Biathlon Centre, PyeongChang

- Events
 - Category 1: 25m, 50m(Entries to the 25m race must be above 12 seconds and the 50m race must be above 25 seconds)
 - Category 2: 100m, 200m, 400m, 4 x 100m Relay, 4 x 400m Relay
 - Category 3: 200m, 400m, 800m, 4 x 100m Relay, 4 x 400m Relay
 - Category 4: 800m, 1,600m, 5km, 4 x 100m Relay, 4 x 400m Relay
- Check in and Final call
 - An Athlete is restricted to participation within one category (2 individual and 1 relay).

Sports

Snowshoeing

- Uniform and Equipment

- Uniform

- * There will be no advertising/commercial messaging on the uniform.

- * Athletes should wear the same style, brand, type, size (or pair) of snowshoes and type of clothing throughout a competition.

- Equipment

- * The snowshoe frame itself shall not be smaller than 17.78 cm x 50.8 cm (7 inches x 20 inches).

- * Athletes are required to bring their own snowshoes that meet Special Olympic standards. The snowshoe frame itself shall not be smaller than 17.78 cm x 50.8 cm (7 inches x 20 inches). This measurement shall be taken from the longest point of the snowshoe and at the widest point of the snowshoe. This measurement will be taken in two dimensions. The snowshoe frame measurement will not be taken along a curved line. Snowshoes shall have frames with at least 2 points on them a minimum of 17.78 cm apart (width) and at least 2 points on them a minimum of 50.8 cm apart (length). These measurements are taken in 2 straight lines in 2 perpendicular dimensions.

- * All snowshoes will be measured and checked prior to each event.

- * Athletes must have their own clothing suitable for all possible weather conditions.

- ⇒ Clothing should consist of long sleeved tops and long pants that fully cover the arms and legs.

- ⇒ Ear coverings and warm hats may be required if the wind chill dips to below 15°C.

- ⇒ Gloves, mittens and protective eyewear are recommended.

- * Factory installed toe and heel traction claws are acceptable. The attachment of any additional “spikes” is not permitted.

- * The foot must be secured through a direct mount binding system to the snowshoe.

- * Competition footwear may include, but not limited to running shoes, hiking boots or snow boots.

- * The use of poles is optional.

- Sport Specific Information

- Individual

- * Officials should allow the competitor two minutes to return to the course before intervening unless the situation poses a safety concern for the competitor or other competitors on the course.

- * In any race 100 meters or longer a competitor must progress at least 20 meters toward the finish line every two minutes.

- A competitor who fails to adhere to the two-minute limit or receive assistance of any kind shall be disqualified.

- * A competitor may not progress forward more than three (3) meters unless they have both snowshoes attached to their feet.

- Relay

- * A relay team consists of four competitors, any team with fewer than four competitors must forfeit.

- * Each competitor must complete one-fourth of the distance of the total relay.

Sports

Short Track Speed Skating



Short Track Speed Skating involves skating on ice track, with ten track events.

- Events
 - Category 1: 25m, 55m , 111m
 - Category 2: 111m, 222m, 333m (average lap time 40-54 seconds)
 - Category 3: 222m, 333m, 500m (average lap time 30-39 seconds)
 - Category 4: 333m, 500m, 777m (average lap time 25-29 seconds)
 - Category 5: 500m, 777m, 1,000m (average lap time 19-24 seconds)
 - Category 6: 777m, 1,000m, 1,500m (average lap time 15-18 seconds)
- Check in and Final call
 - Athletes shall check in one hour prior to their scheduled race time.
 - Final call will be made 10-15 minutes prior to their scheduled race time.
- Uniform and Equipment
 - Long-sleeved and long legged clothing
 - Neck protector, Gloved or mitts, Shin protection, padded or padded hard-shell knee protection.
 - Elbow pads (optional), Safety helmet
- Sport Specific Information
 - If TDs find there will be too many athletes in finals, the semi-finals will be conducted.



Gangneung Indoor Ice Rink

- Size : 17,125m² (B1, 1-4 F), 3,714
Seats, 30×60m, 2 Rinks, 36
Rooms(1,762m²)

Sports

Figure Skating



Figure skating is a sport in which athletes perform beautiful yet challenging moves on ice skates.

- Events
 - Singles (Level 1-6)
 - Pairs (Level 1-2)
 - Ice Dancing (Level 1-3)
 - Unified Sports Pairs (Level 1-2)
 - Unified Sports Ice Dancing (Level 1-3)
- Competition Attire and Skates
 - The clothing must not give the effect of excessive nudity for athletic sport.
 - Men must wear trousers; no tights are permitted.
 - Accessories and props are not permitted.
 - Blades must be sharpened to produce a flat to concave cross section without change to the width of the blade as measured between the two edges. However, a slight tapering or narrowing of the cross section of the blade is permitted.
- Sport Specific Information
 - A sound system for musical accompaniment shall be submitted to the GOC at the first coaches' meeting.
 - No practice rink is provided.
 - A mandatory 0.2 deduction will be made for each added upper-level element.



Gangneung Indoor Ice Rink(1.30-1.31)



Yongpyong Dome(2.1-2.3)

- Size : 13,213m²(B1, F1 -3) / 3,400 Spectator seats / 30 x 60m Rink / 26 Rooms

Sports

Floor Hockey



Floor hockey is a type of hockey requiring strong teamwork and sportsmanship. Each team is composed of one goalkeeper and five field players.

※ There has been some rule changes since the last World Games. Please check the rules changed.

- Events
 - Team Competition [Men/Women]
 - Unified Sports® Team Competition
- Uniform and Equipment
 - Athletes must wear team uniforms with each number's on
 - Goalkeeper's equipment: gloves, face mask
 - Athletes except of goalkeepers: face mask and knee protection
- Sport Specific Information
 - Mixed team will be considered as men's team.
 - 12-16 on a team



Gangneung Sports Center

- Specification : 2 Floors / 28m x 15m
(2 courts) / Planned 650 Seats /
Main F.H. Office



Gangneung Indoor Gymnasium

- 2 Floors/28m x 15m x 1 court/922
Seats



Kwandong University Gymnasium

- Specification : 3 Floors/28m x 15m ;
1 court/24m x 12m ; 2 courts/2,000 Seats

Sports

Floor Ball : Demonstration Sport

Floorball is played with plastic sticks and a light ball and with a goalkeeper without a stick. For Special Olympics the game is slightly modified from the "regular" form of Floorball. Matches are played 3 versus 3 with goalkeepers, on a smaller court that measures 20 m long By 12 m wide.

- Events
 - 4 vs 4 Team Competition
 - ✧ Maximum roster size is 8 and the minimum roster size is 6.
- Uniform and Equipment
 - The players' clothing : All field players shall wear uniforms consisting of jerseys, shorts and knee socks. The uniforms must be the same colors and designs for all team members. The 15-20 cm numbers must appear on the back of the jersey shirt, no 2 players can wear the same number.
 - The referees' clothing : The referees shall wear jerseys, black shorts and black knee socks.
 - Particular goalkeeper's equipment
 - a) The goalkeeper must not use a stick.
 - b) The goalkeeper must wear a face mask approved by the IFF and marked accordingly.
 - Particular team captain's equipment : The team captain shall wear an armband.
 - Personal equipment : A player must not wear personal equipment which may cause injury.
 - Ball : The ball weighs 23 grams and its diameter is 72 mm. It has 26 holes in it.
 - Stick : The blade shall not be sharp and its hook shall not exceed 30 mm.
- The referees' equipment : The referees shall be equipped with plastic medium sized whistles, measuring equipment and red cards.
- The secretariat's equipment : The secretariat shall have all the equipment necessary for their responsibilities.
- Control of equipment
 - a) The referees shall decide about controlling and measuring all equipment.
 - b) Measuring of a hook may be requested by the team captain.
- Game Time : Game time shall be effective however depending on venue being used or number of games being played simultaneously a running clock would be preferable to help with scheduling etc.



Non-Sports Programs

Healthy Athletes Program



The Healthy Athletes Program is designed to provide medical care and health screening to athletes to ensure that they maintain optimum health and perform at their best, with health care specialists and volunteers on standby.



- Operation period : 2013. 1. 30 ~ 2. 4(6 days)
- Location : 2nd & 3rd floor of Cheongsong Hall, Kwandong University, Gangneung-si

| Total | Room | Size(㎡) | Purpose |
|-----------------------|------------------|---------|---------------------------------|
| | 11 rooms | 1,673 | |
| 2 nd Floor | Main Hall | 337 | Registration & athletes staging |
| | Room# 203 (Hall) | 396 | Opening Eyes, Fit Feet |
| | Room# 216 | 79 | Cultural Events Department |
| | Room# 217~218 | 172 | FUNfitness |
| | Room# 219 | 115 | Data registering room |
| 3 rd Floor | Room# 301~302 | 172 | Healthy Hearing |
| | Room# 303 | 115 | Special Smiles |
| | Room# 311~312 | 201 | Health Promotion |
| | Room# 313 | 86 | Healthy Hearing |

<Healthy Screening Areas>

- ① Opening Eyes (40mins) : visual acuity, cover test, autorefraction,color test, stereopsis, slitlamp exam, eyewear prescription, etc
- ② Special Smiles (10mins) : screenings, tooth brushing instruction, oral health education, gifts
- ③ Healthy Hearing (30mins) : external ear inspection, otoacoustic emissions hearing screening, tympanometry, pure tone audiometry
- ④ Health Promotion (20mins) : bone density, diet and nutrition, height, weight, waist measure, etc.
- ⑤ FUN Fitness (25mins) : flexibility, functional strength, balance, shoulder rotation, functional reach
- ⑥ Fit Feet (20mins) : static exam, dynamic exam, podiatry, etc.

Delegation Services

Delegation Assistant Liaison(DAL)

DALs are staying together with their delegations at the same accommodation site and provide language assistance and administrative support while the delegation stays in Korea.

| Delegation Size | Number of DALs |
|-----------------|----------------|
| 1 ~ 50 | 1 |
| 51 ~ 99 | 2 |
| 100 ~ 149 | 3 |
| 150 ~ 199 | 5 |
| 200 and more | 7 |

※ If the delegation is less than 50 people and participate in Snow Sports and Ice Sports both, two DALs will be allocated.

Language Services

Five languages including Arabic, Chinese, English, Russian and Spanish are available at the Central Language Assistance Telecommunication Center for the athletes, delegates, technical officials, SOI staff, all credentialed participants and families who are in need of specific language assistance. Delegation Assistance Liaison (DALs) will accompany the delegations during the whole period they stay in Korea and provide language assistance.



Credentialing

All credentialed Games participants must wear and clearly display their credential at all times. Access to zoned areas of any venue will be denied to those not displaying the correct access rights. Credentials will only be produced and issued to Games participants after all required information for that participant has been received, reviewed for accuracy, entered into the Games Management System (GMS) and verified.

Delegations will receive by post their official Games credential in December 2012.

SO Villages

SO Villages

- ※ SO village opens on January 28, 2013 a day earlier for athletes not participating in host town program.
- Detailed information about SO Villages will be notified at further Delegates Updates.

Alpensia Resort Holiday Inn & Suite, PyeongChang

- Delegation of Snow Sport

Gangneung-Wonju University, Gangneung

- Delegation of Ice Sports, Floor Hockey, Floor Ball



Kwandong University, Gangneung

- Delegation of Ice Sports, Floor Hockey, Floor Ball



Milestones & Reminders

2012

| | |
|---------|---|
| July.31 | Application Deadline for the Volunteering at the PyeongChang 2013 |
| Oct. 1 | Registration Deadline for Delegation |
| Nov.1 | Registration Deadline for Athletes' families, ASF and MVPs |

2013

| | |
|---------------|-----------------------------------|
| Jan.23~Jan.29 | Torch Run |
| Jan.26~Jan.29 | Host Town Program |
| Jan.27~Feb.5 | Global Youth Summit |
| Jan.29 | Opening Ceremony |
| Jan.29~Feb.5 | Global Family Leaders' summit |
| Jan.30 | Global Development Summit(TBC) |
| Jan.30~Feb.4 | Healthy Athletes Program |
| Jan.30~Feb.5 | Competition and Awards |
| | Special Olympic Town and Festival |
| Feb.1 | Young Athletes Demonstration |
| | Global Youth Rally |
| Feb.5 | Closing Ceremony |

※ Programs are subject to change due to the unexpected circumstances.

Contacts

This Newsletter will be published on a regular basis and will include updates about the progress of preparation towards the Special Olympic World Winter Games PyeongChang 2013. Each issue will be distributed to the SO Programs in electronic format by email. Please share it with the rest of the Delegation members.

Those that do not have e-mail access will receive this newsletter by fax. It will be uploaded to the PyeongChang 2013 website as well (www.2013sopoc.org/hb/en).

※ If you have any question on delegation services, please contact following person.

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